

Soups

Tomato

Pureed with herbs and goat cheese

Butternut Squash

Pureed with herbs and spices

Tortilla

Shredded chicken, with a fire roasted tomatoes, spices and black beans

Wild Mushroom

Pureed with herbs and crème

Salads

*Chicken, shrimp or beef can be added to most salads

Chinese Chicken Salad

Mixed baby greens with jicama, toasted almonds, chicken and orange segments tossed in a ginger dressing

Spicy Kale Salad

Kale tossed in a spicy citrus garlic dressing

Mixed Greens Salad

Mixed greens with blackberries, goat cheese, cucumbers and tomatoes tossed in a balsamic vinaigrette

Caesar Salad

Traditional Caesar with garlic croutons and shaved parmesan cheese

Orzo Salad

Orzo pasta, sun –dried tomatoes, feta cheese and kalamata olives tossed in a light garlic and citrus olive oil